

**KVR GOVERNMENT COLLEGE FOR WOMEN  
(A), KURNOOL**

*Re-Accredited by NAAC with Grade "A"*

**DEPARTMENT OF HOME SCIENCE**



**B.Sc. HOME SCIENCE SYLLABUS**

**FOR III YEAR**

**BOARD OF STUDIES MEETING 2020-2021**

**Held on 10.07.2020**

## **HSc.501.FAMILY DYNAMICS**

Theory-5 hours/week

External - 60 marks

Internal - 40 marks

**Learning Objective:** To orient the students with the changing trends in Marriage and Family.

### **THEORY**

#### **UNIT -I MARRIAGE**

- Functions of Marriage.
- Customary practices associated with
- Hindu Marriage, Christian Marriage, Muslim Marriage.

#### **UNIT II-TYPES OF MARRIAGES**

- Factors to be considered in the choice of Marriage partner
- Arranged marriage-Advantages and Disadvantages.
- Free choice Marriage-Advantages and Disadvantages.
- Registered Marriage- Need for Registration of Marriages.

#### **UNIT III- FAMILY**

- Functions of Family.
- Types of Family. Joint Family –Merits and Demerits.
- Nuclear family-Merits and Demerits.
- Recent trends in Modern Family.
- Stages in Family Life cycle: Handling Demands in various stages of Family life cycle.
- Family in the beginning, Expanding Family, Contracting Family.

#### **UNIT IV – PROBLEMS AND ADJUSTMENTS IN FAMILY LIFE**

- Adjustment in marriage, finance, sex, and in-laws.
- Achieving harmony and understanding between each other.
- Problems and adjustment- Inter-caste, Inter –religion, Inter-state.

#### **UNIT V—LEGAL ASPECTS OF MARRIAGE AND FAMILY.**

- Laws related to –Marriage, Divorce, Adoption, Property
- Hindu Marriage act.
- Dowry prohibition act.
- Domestic violence act.

### **ADDITIONAL INPUTS**

Counseling:-Educational, Personal, Premarital, marital and Family Counseling.

### **REFERENCES**

1. G.R. Madan, "Indian Social Problems" 2<sup>nd</sup> Edition 1973, Allied Publishers Pvt. Ltd.
2. A. Ian Clement "Sociological implications in Nursing", 3<sup>rd</sup> edition, 2011 Frontline publications.
3. Dr. Kadiyala JagannadhaSarma "A Text book of Sociology for B.Sc. Nursing", 1<sup>st</sup> edition, 2011, Florence Publishers.
4. C.N. Shankar Rao, "Principles of Sociology with an Introduction to Social Thought" 7<sup>th</sup> edition, 2012, S. Chand & company Ltd.
5. K.P. Neeraja "Text book of sociology for Nursing students", Jaypee Publications.
6. Premavathy Seetharaman, Sonia Batra & Preeti Mehra "An Introduction to Family Resource Management" 1<sup>st</sup> edition, 2005, CBS Publishers & Distributors.
7. Premlata Mullick "Textbook of Home Science", 4<sup>th</sup> edition, 2016, Kalyani Publishers
8. Dr. Parbati Sahu "Marriage and Family Relationship" 1<sup>st</sup> edition 2009

## HSC.502. LIFE SPAN DEVELOPMENT

Theory - 3lec / week  
Practical - 3hrs/week

External- 60marks  
Internal- 40 marks

### Learning objectives:

- To create awareness about development in different stages of life span.
- To understand the influence of sociocultural environment on development.

### Theory

#### Unit 1 Development during Infancy

- Physical and Motor development - patterns of growth & motor skills
- Emergence of emotions and social skills during infancy and babyhood
- Language and cognitive development during infancy

#### Unit 2 Early Childhood Period – Importance and characteristics

- Physical and Motor Development
- Social and emotional development-characteristics and classification of children's emotion
- Language development and Cognitive development during ECE
- Factors affecting early years of growth and development.

#### Unit 3 Late Childhood – Importance and characteristics

- Physical and motor development
- Social and emotional development- characteristics and functions of childhood gangs.
- Cognitive development during late childhood period

#### Unit 4 Adolescence -Meaning, importance and characteristics

- Pubertal changes and effect of early versus late maturation on boys and girls
- Heightened emotionality - causes and effect
- Cognitive development during adolescence
- Stages of Identity development and identity crisis in Adolescence

#### Unit 5 Adulthood and Old age

- **Adulthood** – Characteristics, different area of adjustments - Vocational, Marital, Parenthood, Singlehood etc.
- **Old age** – Characteristics and various areas of adjustments during old age: Vocational, Adjustment to retirement, Adjustment to loss of spouse, Living arrangement etc.

**ADDITIONAL INPUTS:** Parenting styles, Moral development and Aberrations in development

### PRACTICALS

1. Assessment of growth and development by using anthropometry – preschooler
2. Case study of preschool/ school age children of different age groups
3. Administration and Interpretation of self- esteem scale/ self-concept scale
4. Group discussion on study of adolescent/old age problems
5. Development of resource files on various aspects of human development.

### REFERENCES

1. Berk, L. E. (1996). Child Development, New Delhi: Prentice Hall
2. Santrock, J.W. (2007). Life Span Development. Tata McGraw Hill, New Delhi
3. Papalia D.E and Old S.W. 1978, Human Development, McGraw Hill Inc., London.
4. R.P. Devadas&N.Jaya, A text book on Child Development, Macmillan India Ltd.

## HSC. 503 TRADITIONAL TEXTILES AND FINISHES

Theory - 3lec / week

External- 60marks

Practical - 3hrs/week

Internal-40 marks

**Learning objective:** To develop knowledge and skill in finishing of fabrics

To know the importance of Traditional Textiles.

### Theory

#### Unit 1. Fabric finishes – importance, classification, method and use

- Mechanical Finishes- Stentering, Calendaring- Embossing, Moire Effect, Tentering. Pressing, Ciring, Napping, Glazing, Beetling and Softening
- Chemical- Mercerizing, bleaching, Desizing, Sanforizing.
- Special finishes- Water proof, moth proof, acid and basic finishes.

#### Unit 2. Dye and Dyeing

- Dyes and their classification – natural and synthetic.
- Types of natural dyes – plant, animal and mineral origin.
- Methods of dyeing- batik and tie and dye
- Direct, basic, acid, vat, reactive, Naphthol, Sulphur, mordant, disperse dyes and pigment.
- Defects in dyeing

#### Unit3. Printing- Type- hand and machine printing

- Printing techniques - Block, screen, roller, spray, stencil, duplex, discharge, resist, warp, flock, photographic and heat transfer printing.
- Methods of Printing- Flat bed, Roller, Direct, Resist, Discharge printing etc.
- Defects in printing

#### Unit 4. Traditional Textiles of India

- Embroidery – introduction, types and accessories.
- Indian embroidery stitches
- Traditionally dyed, printed, woven and embroidered textiles present in various states of India – Chanderi, Brocade, Patola, Phulkari, Kashmiri, Baluchari, Kasuti etc.

#### Unit 5. Laundering- Principles of laundering and laundry equipment

- Reagents or supplies used in laundry – soap, detergent, bleaching agents, laundry blues etc. – their use and application
- Stain removal
- Dry cleaning

### PRACTICALS

1. Preparation of samples of the following
2. Tie and dye ,
3. Batik dyeing
4. Stencil printing
5. Block printing
6. Fabric Painting
7. Traditional embroidery
8. Stain removal

### References

1. Sushma Gupta, NeeruGarg, RenuSaini- “Text book of Clothing, Textiles and Laundry”, 8th edition, 2018, Kalyani Publishers
2. SeemaSekhari“Textbook of Fabric Science Fundamentals to Finishing”, 3rd edition, 2020,
3. DurgaDeulkar “Household Textiles and Laundry Work”, 1993, Atma Ram & Sons.
4. Charu Swami “Textile Design Theory & Concepts”, 1st edition, 2011, New Age International(P) Ltd. Publishers.
5. Asha Rani Mathur“Woven Wonder – The Tradition of Indian Textiles”, 2002, Rupa& Co.
6. DeepaliRastogiandSheetal Chopra “Textile Science” 1st edition 2017 Orient Black Swan Pvt. Ltd.
7. PremalataMullick “Garment Fabrication and Designing” 1st edition 2019 Kalyani Publishers.

## HSC. 504. CONSUMER BEHAVIOUR AND ECONOMICS

Theory-3lec/week  
Practical-3hrs/week

External-60 Marks  
Internal- 40 Marks

### Learning Objectives:

1. To orient the students to the Role, Rights and Responsibilities of consumer.
2. To understand the Money, savings and investment of money

### Theory

**UNIT-I.**Basic terminology, concept and basics of Household Economics .

- Human Wants – Nature and classification.
- Standard of living –Definition, Factors affecting, ways to improve standard of living.

**UNIT-II.**Family Income.

- Sources and Types of Family income
- Supplementing family income
- Functions of money

**UNIT-III.**Money management in the Home.

- Budget-Meaning, Advantages of budgeting, Limitations of budget.
- Engel’s law of consumption
- Steps in making budget for a family. Factors affecting the budget
- Account Keeping – Importance and account keeping systems.

**UNIT-IV** Savings and Investment.

- Definition, Importance of savings .
- Types of savings – Post office, LIC, Unit Trust, Chit funds, Banks etc.
- Investment –Definition, Types, Principles involved in investment.

**UNIT-V** Importance of Consumer Education- Consumer Rights.Consumer Laws.

- Consumer problems and protection
- Role and responsibilities of homemaker as a consumer.
- Factors affecting purchase and guidelines for wise purchase.

### ADDITIONAL INPUT

Finance, Demand and Supply.

### Practical

1. Identifying Human Wants – A. Necessaries; B. Comforts; and C. Luxuries
2. Budget plans for different income groups-Low, Middle and High income group
3. Interview of any head of the family and collect information on their saving.
4. Study awareness level of housewife on consumer protection .

### References

- 1.PremavathySeetharaman, Sonia Batra&PreetiMehra “An Introduction to Family Resource Management” 1<sup>st</sup> edition, 2005, CBS Publishers & Distributors.
2. V.K. Dubey“ Extension Education & Communication”, 2009, New Age International Ltd.
3. PremlataMullick“ Textbook of Home Science ”, 4<sup>th</sup> edition 2016, Kalyani Publishers
4. M.A. Verghese, M.N. Oagle “Home Management”, 2005, New Age International Publishers.
5. Smt. SubasiniMohapatra “Home Management and Household Economics” 1<sup>st</sup> edition 2010, Kalyani Publishers.
6. Sushma Gupta, NeeruGarg&RenuSaini “Text book of Family Resource Management, Hygiene and Physiology ”, 11<sup>th</sup> edition, 2018, Kalyani Publishers.
7. BelaBhargava“ Family resource Management & Interior Decoration” 1<sup>st</sup> edition reprint 2016, University Book House Pvt Ltd. Jaipur.
8. Stella Soundara raj “ A Text book of Household Arts” 4<sup>th</sup> edition, 2009, Orient Black Swan
9. PaulenaNickell, Jean Muir Dorsey “Management in Family Living” 4<sup>th</sup> edition, CBS publishers and distributors.

## HSC.505. FAMILY & COMMUNITY NUTRITION

Theory - 3lec / week

External- 60 marks

Practical – 3hrs/week

Internal-40 marks

### Learning objectives:

1. To learn the importance and planning of balanced diet for family
2. To learn about assessment of nutritional status of community

### Theory

#### Unit 1.Meal Planning - explanation of the terms

- Balanced diet- its importance, Four Food groups and its use in planning balanced diet
- Recommended Dietary Allowance for Indians
- Food exchange list- use and importance
- Principles of planning diets, Steps involved in meal planning and dietary guidelines

#### Unit 2. Maternal nutrition

- Nutrition during pregnancy -Physiological changes and nutritional requirement
- General dietary problems and complications during pregnancy.
- Impact of nutritional deficiency on maternal health and pregnancy outcome.
- Nutritional requirement during Lactation and Role of Hormone in milk production.

#### Unit 3. Nutritional requirement for Infants, Children and Adolescence

- Nutrition during Infancy- Breast feeding- advantages to infant and mother.
- Weaning and supplementary feeding
- Nutritional requirement and nutrition related problems like PEM, Obesity, Constipation, Tooth decay, Pica, Picky eating and feeding disorders of Preschoolers.
- Nutritional requirement of school children - importance of breakfast and packed lunch.
- Nutritional requirement and eating disorders - Anorexia nervosa, Bulimia nervosa and Binge eating during adolescence.

#### Unit 4. Nutrition in Adult and Old Age

- Nutritional requirement of Adult – Reference man and women
- ICMR classification of activities based on occupation.
- Nutrition during old age - physiological changes of ageing that influence nutrients requirement. Nutrition related problems of old age like osteoporosis, obesity, anemia, neurological dysfunction, constipation etc. in old age and their management

#### Unit 5. Community Nutrition

- Assessment of nutritional status of the community- Anthropometry, clinical, biochemical and diet surveys.
- Community health & nutrition programmes- ICDS-Supplementary feeding, Health and nutrition education, Prophylaxis programme, mid-day meal scheme etc.
- National and International organizations involved in Nutritional programme- NIN, ICMR, FAO,WHO, UNICEF, CARE

### PRACTICALS:

1. Identifying rich source of nutrients.
2. Use of Exchange lists for calculation of diets.
3. Planning and preparation of a balanced diet for adult man and woman
4. Planning and preparation of a balanced diet for pregnant women and Lactating mother
5. Planning and preparation of a balanced diet for a school age child and Adolescence.
6. Planning and preparation of a balanced diet for elderly
7. Nutritional Assessment through Anthropometry

### REFERENCES

- 1.Srilakahmi, B., Dietetics, New Age International (P) Ltd., 6<sup>th</sup> edition, 2012;
- 2.SubhanginiA.Joshi, Nutrition and Dietetics 2015, Tata McGraw Hills Publishing Company.
- 3.Raheena Begum, Textbook of Food, Nutrition and Dietetics, Sterling publisher Pvt. Ltd.

## HSC 506. HOME SCIENCE EXTENSION EDUCATION

Theory- 3 lec / week

External- 60 marks

Practical - 3 hrs/week

Internal- 40 marks

### Learning objectives:

1. To understand the concept of extension and communication and its relevance for self & national development.
2. To know the role of Home Science extension in community development.

### Theory

#### Unit-I Extension Education – Meaning, Definition and Scope

- Home Science Extension – Characteristics, Principles, Needs and Objectives
- Role and qualities of an extension worker

#### Unit-II Teaching and Learning Process – Characteristics of learning, Elements of learning situation.

- Steps in Extension teaching and learning process,
- Phases in Extension education process,
- Principles of Extension teaching
- Difference between formal and informal education

#### Unit-III Extension Teaching Methods – Classification of Extension Teaching Methods

- Description of Teaching Methods. -
  - a. Individual Contacts-Farm & Home Visits, Office calls, Telephone Calls & Personal Letters.
  - b. Group Contacts- Method & result demonstration, Group Discussions, Panel Discussions, Brain Storming, Quiz, Debate, Conference, Seminars, Work Shops, Symposium. Field Trips,
  - c. Mass Contacts- Print media, Leaflets, Posters, Radio, television, Internet based Media, Exhibitions, Campaign.
- Factors affecting selection and use of Extension teaching methods

#### Unit-IV Teaching aids – Audio - Visual aids, Cone of Experience

- Classification of Audio - Visual aids, Audio Aids - Radio, Recordings, Tape Recorder, Model Mockups. Visual Aids :Black Board, Bulletin Board, Flannel graph, Flash Card, Posters, Charts, Puppet show,
- Extension Methods and Audio - visual aids

#### Unit-V Communication – Concept, Elements and functions of Communication

- Principles of effective communication
- Barriers to Communication

### PRACTICALS

1. Lecture cum Demonstration of recipe/ teach a craft etc.
2. Preparation of Teaching aids and display of Visuals and Exhibits -charts, posters, flash cards etc.
3. Putting up a display – A. Bulletin Board, B. Exhibition
4. Preparation of Resource file on different extension programme.

### REFERENCES

- 1.S.V. Supe “An introduction to extension education” 1983, Oxford & IBH Pub.Co. NewDelhi.
2. O.P Dahamma “Extension and Rural welfare” 1981. Ram Prasad & Sons, Agra Bhopal.
3. Dr. A. Adivi Reddy “Extensional Education”, Sreelakshmi press, Bapla.
- 4.Sereneshekhar (Gate), SantoshAhlawt “Text Book Of Home Science extension education”,2013, Daya Publishing House.
5. V.K. Dubey “Extension Education & Communication”, 2009, New Age International Ltd.

## HSC. 601. THERAPEUTIC NUTRITION

Theory – 3lec / week

External- 60 marks

Practical - 3hrs/week

Internal- 40 marks

### Learning objectives:

1. To learnt therapeutic management of various diseases
2. To understand need and importance of diet counseling and role of a Dietitian

### Theory

#### Unit 1: Diet therapy and nutrition care process

- Principles, purpose and significance of therapeutic diet.
- Dietitian- classification, code of ethics and responsibilities
- Diet counseling and Nutrition Education - importance
- Indian Dietetic Association (IDA)- history, objectives and membership

#### Unit 2: Therapeutic diets

- Types of diets- clear fluid, full fluid, soft and regular normal diet
- Pre and postoperative diets
- Methods of Feeding – Enteral and Parenteral nutrition

#### Unit 3: Diet in Under and Over Nutrition

- Diet in Nutritional deficiency – PEM, Anaemia
- Under weight- causes, symptoms, dietary management
- Over weight and obesity- causes, symptoms, dietary management

#### Unit 4: Dietary management of common disorders-

- Diet in Fevers – causes, types and general dietary modifications
- Stomach and Intestine disorders -Dietary management in diarrhea, constipation and peptic ulcer
- Dietary management in liver diseases- Infective hepatitis, Cirrhosis of Liver & jaundice.

#### Unit 5: Dietary management of metabolic disorders

- Cardio-Vascular diseases- Dietary management of Atherosclerosis and Hypertension.
- Role of fat in dietary management.
- Kidney diseases – Diet during Glomerulonephritis and stone formation
- Diabetes Mellitus- Classification, Causes, Tests, and Diet Therapy
- Cancer – Nutritional problems of cancer therapy and Dietary management

### Additional Input: Modifications of Nutrients in Therapeutic Diets

#### PRACTICALS

1. Modification of normal diet.
2. Planning and preparation of diets for the following conditions:
  - Diet in nutrient deficiency
  - Diet for under nutrition and obese.
  - Diet in fever,
  - Diet in Diarrhea and constipation and peptic ulcers
  - Diet in Hypertension
  - Diet in Diabetes
3. Visit to Dietary Department

#### REFERENCES

1. Srilakshmi, B. Dietetics. New Age international publishers, New Delhi.
2. Bamji M. S, PrahladRao N. & Vinodinireddy (2003). Text book of Human Nutrition, Oxford & IBH Publishing Co. Pvt. Ltd., New Delhi.
3. Michael C Latham, Human Nutrition in the Developing World. Ithaca, New york, USA



## HSC.602. FASHION DESIGN AND MERCHANDISE

Theory- 3 lec/week

External - 60 marks

Practical- 3 hrs/week

Internal - 40 marks

### Learning Objectives-

1. To enlighten the students about the importance of Fashion and to learn the skill.
2. To create the awareness about the consumer buying and labeling in Textiles.

### THEORY

#### UNIT 1: INTRODUCTION TO FASHION DESIGN- Fashion terminology

- Factors influencing fashion
- Fashion cycles
- Fashion adoption theories

#### UNIT 2: AESTHETIC IN DRESS

- Elements of design: Line, form, texture, and colour
- Principles of design: line, harmony, Balance, Rhythm Emphasis and proportion
- Croqui - Fashion Figures and poses, role of fashion in dresses.

#### UNIT 3:MERCHANDISING PRACTICES – meaning, concepts

- Principles and Factors influencing merchandising practices.
- Role and responsibility of the merchandiser.

#### UNIT 4: CONSUMER BUYING

- Budget
- Advertising and Labeling
- Standards

#### UNIT 5: CARE &STORAGE OF CLOTHING.

- Readymade Garments: Advantages & Disadvantages
- Handmade garment: Advantages & Disadvantages
- Tailor made garments: Advantages & disadvantages
- Care of different fabrics –cotton, woolen, silk & synthetics
- Consideration for storing clothes and dry clothing

### PRACTICALS

1. Sunlight test for colour fastness
2. Croqui, Drawings and Figures.
3. Drafting and construction of salwar and kameez
4. Drafting and construction of a house coat (nighty)
5. Drafting and construction of blouse.
6. Visit to Textile Industry.

### REFERENCES

- 1.Sushma Gupta, NeeruGarg, RenuSaini- “Text book of Clothing, Textiles and Laundry”, 8<sup>th</sup> edition, 2018, Kalyani Publishers
- 2.SeemaSekhari“Textbook of Fabric Science Fundamentals to Finishing”, 3<sup>rd</sup> edition, 2020,
3. PoojaKhurana& Monika Sethi “Introduction to Fashion Technology”, 2<sup>nd</sup> edition, Fire Well Media.
- 4.Charu Swami “Textile Design Theory & Concepts”,1<sup>st</sup> edition, 2011, New Age International(P) Ltd. Publishers.
- 5.Sumathi, G.J. “Elements of Fashion & Apparel Design” 1<sup>st</sup> edition, 2002, New Age International(P) Ltd. Publishers.
6. Asha Rani Mathur “Woven Wonder – The Tradition of IndianTextiles”, 2002, Rupa& Co.
7. DeepaliRastogi and Sheetal Chopra “Textile Science” 1<sup>st</sup> edition 2017 Orient Black Swan Pvt. Ltd.
- 8.PremalataMullick “Garment Fabrication and Designing” 1<sup>st</sup> edition 2019Kalyani Publishers.
9. BiswalGayatri,&Lenka, C. “Fashion Technology” 1<sup>st</sup> edition. 2018, Kalyani Publishers.

## MODULE- HSC 603.RESOURCE MANAGEMENT

Theory - 3 lec / week

External- 60 marks

Practical - 3 hrs/week

Internal- 40 marks

### Learning Outcomes:

- To inculcate skills in identifying, creating, selecting and using available resources judiciously with emphasis on maximization and conservation.
- To understand the scientific application of the process of management in the effective use of resources.

### Theory

#### Unit I Home Management – Definition and meaning

- Steps in Home management process: Planning, Controlling and Evaluation - their importance
- Misconceptions in understanding Home Management
- Qualities of good manager (home maker)

#### Unit II Approaches to Family Resource management

- Values – Meaning, importance and types of values
- Goals – Types and characteristics of goals
- Standards - Classification and factors affecting standard

#### Unit III Decision Making – importance, types, steps, method of resolving conflicts

- Planning – nature, characteristics, importance
- Organizing; Coordinating, Supervising, directing and guiding;
- Controlling- characteristics for effective control
- Evaluation – meaning, importance and methods

#### Unit IV Resources: Classification and characteristics

- Factors affecting the management of resources
- Guidelines for the use of resources
- Application of management process to all resources

#### Unit V Time & Energy Management: Nature and significance

- Tools in time management – peak loads, work curves.
- Fatigue – Meaning, types and methods of avoiding fatigue
- Work Simplification – Meaning, principles and techniques, motion mindedness

### ADDITIONAL INPUTS

Management of Family Resources in different walks of life.

### PRACTICALS

1. Listing of human and non human resources
2. Identifying individual and group decisions
3. Identifying short term, long term goals of a family.
4. Maintenance of time record for 3 consecutive days and presentation of consolidated information
5. Preparation of time plans for Students, House wife, Working woman on a working day and holiday

### REFERENCES

1. PremlataMullick“ Textbook of Home Science ”, 4<sup>th</sup> edition 2016, Kalyani Publishers
2. M.A. Verghese, M.N. Oagle “ Home Management ”, 2005, New Age International Publishers.
3. Smt. SubasiniMohapatra “Home Management and Household Economics ”, 1<sup>st</sup> edition 2010, Kalyani Pub.
4. Sushma Gupta, NeeruGarg&RenuSaini “ Text book of Family Resource Management, Hygiene and Physiology ”, 11<sup>th</sup> edition, 2018, Kalyani Publishers.
5. BelaBhargava“ Family resource Management & Interior Decoration” 1<sup>st</sup> edition reprint 2016, University Book House Pvt Ltd. Jaipur.
6. Stella Soundara raj “ A Text book of Household Arts” 4<sup>th</sup> edition, 2009, Orient Black Swan
7. Mann, M.K. “Home Management for Indian families” 2<sup>nd</sup> edition 2004, Kalyani Publishers.
8. PremavathySeetharaman, Sonia Batra&PreetiMehra “An Introduction to Family Resource Management” 1<sup>st</sup> edition, 2005, CBS Publishers & Distributors.
9. PaulenaNickell, Jean Muir Dorsey “Management in Family Living” 4<sup>th</sup> edition, CBS pulishers and distributors.

## **Elective I. HSC.604. A. EARLY CHILDHOOD EDUCATION**

Theory - 3lec / week

External- 60marks

Practical -3hrs/week

Internal- 40 marks

### **Learning objectives**

1. To learn the importance of early childhood education and requirement of an ECE center.
2. To learn about contribution of philosophers, planning and implementation of curriculum to bring out all round development in children

### **Theory**

#### **Unit-I Need and importance of preschool education**

- Objectives of preschool education.
- Physical set up of a preschool- building, space, site plan, indoor and outdoor equipment.
- Records and reports maintained in a preschool
- Staff and personnel- teacher, assistant etc.
- Qualities of preschool teacher

#### **Unit-II Contributions of Indian and Western Philosophers to ECE**

- M. K. Gandhi, Rabindranath Tagore, Jiddu Krishnamurthy and TarabaiModak.
- McMillan sisters, Maria Montessori, Fredrick Froebel and John Dewey
- Types of preschools-Nursery, Kindergarten, Monstessori, Anganwadi, Balwadi and Creches etc.

#### **Unit-III Curriculum for the preschool- Characteristics of curriculum planning:**

- Types of preschool curriculum-long term, short term, weekly and daily planning.
- Steps in curriculum planning.
- Theme plan- model of a day's programme- activity plan, lesson plan- importance of each activity (prayer, medical check-up, outdoor and indoor play, snack, rest, story, rhyme and creative activity)
- Factors influencing Curriculum Planning,

#### **Unit-IV Play way methods-**

- Types of play activities for preschool children- free, constructive and dramatic play, sand and water play, story-telling, games etc.
- Advantages of play way method- physical, developmental, intellectual, social, emotional and educational values.
- Selection and care of play equipment for preschoolers

#### **Unit-VParental participation in the ECE programme- Need and Importance**

- Methods of eliciting parent and community participation
- Method to organize Parent Teacher meeting

**Additional Inputs:** Problem faced by Beginner teacher

Developmentally Appropriate Program (DAP) for children

### **PRACTICAL**

1. Observation and recording of all round development of a preschool child
2. Observation of preschool teacher
3. Observational visit to Early Childhood Centers- Anganwadi/ other schools
4. Planning activities using thematic approach for all round development of the child
5. Preparation of Teaching Learning materials
6. Preparation of Creative Art Activity file
7. Participation in preschool
8. Preparation of resource file

### **REFERENCES**

1. Jagannath Mohanthy and Bhagyadhar Mohanthy, 2000, " Early Childhood Care and Education", Deep & Deep Publications Pvt. Ltd., New Delhi.
2. J. S. Grewal, 1984, "ECE, foundations and Practice", NPC, Agra.

## MODULE ELECTIVE –I H.SC 604 (B). SOCIOLOGY

Theory -5 lec /week

External: 60 marks

Internal: 40 marks

### Learning Out comes

1. To enlighten students about the needs and importance of Sociology.
2. To know about the constitutional provision

### Theory

**UNIT I.** Sociology- Definition, nature and importance, its relation to other social sciences, sociology and history, sociology and economics, sociology and social psychology, sociology and political science, sociology and anthropology.

- Society – Definition, nature and characteristics.
- Culture – Definition, nature, functions and evolution of culture.

**UNIT-II** Socialization – Definition, factors of socialization, types, agents, agencies, stages of socialization.

- Social process – Meaning, classification and social process.

**UNIT –III** Social groups – Definition, classification and characteristics of social groups –

- Primary & secondary groups, formal and non-formal groups and in & out groups

**UNIT– IV** Communities in India:

- Village Community – Definition, features, characteristics of Indian villages, changes in Indian rural life
- Urban Community – Definition, features of urban community, factors contributing to growth of cities and major problems in cities

**UNIT – V** Women empowerment – Concept, Need

- Home Science education as Empowerment
- Constitution of legislation in support of women: Awareness of women regarding their rights.
- Strategies for protection of women rights and rehabilitation of women
- Rights and Protection of women by Constitution of India.

### Additional Inputs:

Indian Women Empowerment in different walks of life: Indira Gandhi, Jhansi ki Rani, Medha Patkar, Kiran Bedi, Vijayalakshmi Pandit, Sudha Chandran, Anutai Wagh, Ela Bhat, Bhavani Devi.

### REFERENCES

- 1 R.M Sharma. "Principles of Sociology" Media promoters & Publishers Pvt Ltd, Bombay 1982.
- 2 Vidya Bhushan, Sachdeva, "Introduction to Sociology" Kitab Mahal, Allahabad.
3. G.R. Madan, "Indian Social Problems" Second Edition, Allied Publishers Pvt Ltd. 1973
4. Vidyabhushan "Text book of Sociology"
- 5 .K.Singh "Urban Sociology" Prakash and Kendra-Sivapur Road, Kanpur.
- 6 Smt .Rajeswari, "Samajasastram" , Telugu Academy Text book.
7. A. Ian Clement "Sociological Implications in Nursing " , 3<sup>rd</sup> Edition, 2011, Frontline Publications.
8. Dr. Kadiyala Jagannadha Sarma "A Text book of Sociology for B.Sc Nursing", 1<sup>st</sup> Edition, 2011, Florescence Publishers.
9. C.N...Shankar Rao "Principles of Sociology with an introduction to Social Thought" 7<sup>th</sup> Edition , 2012, S.Chand & Company Ltd.
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## ELECTIVE-I HSC. 604 C. COMMUNITY DEVELOPMENT

Theory - 3 lec / week

Practical - 3hrs/week

External- 60marks

Internal-40 marks

**Learning objective:** To create awareness about community living and plan developmental Programmes

### Theory

**Unit-I** Community Development – Definition and Nature

- Areas of activities under Community Development
- Principles of Community Development

**Unit-II** Leadership – Qualities and role of leader, classification of leaders,

- Types of leadership, methods to identify leaders,
- Leadership styles, methods of training leaders for social mobilization

**Unit-III** Program Planning & Evaluation

- Objectives and Principles of Program Planning in Extension
- Methods to find out felt and unfelt needs of the community
- Steps in Program Planning
- Evaluation – Definition, steps in evaluation process, SWOT analysis

**Unit-IV** Diffusion & Adoption

- Diffusion – Elements of diffusion, Characteristics of innovations
- Adoption – Stages of adoption of innovation, Adopter categories
- Participatory Rural Appraisal(PRA) – Principles, Techniques & Methods and Importance of PRA

**Unit-V.** Development Programs in India

- Community Development Program, NES - National Extension Service, NDP – National Demonstration Program, T & V System, DWCRA, KVK, ICDS, IRDP, TRYSEM, NREGA, Youth Clubs, Balika Samridhi Yojana

### PRACTICALS

1. Plan an activity to create awareness among women and children of community surveyed according to

their needs and interest

A. Lecture cum group discussion

B. Method demonstration

2. Execute program in the community surveyed and evaluate performance

3. Community development- group project at the end of the year

4. Visit to a community/ village to find out the socio economic needs of the people

5. Preparation and display of teaching aids, posters, charts, flash cards

6. Display of bulletin board

7. Visit to the Mandal office

### REFERENCES

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